

Stage 1 Alor Setar - Kepala Batas

Saturday - 9th February 2008

Start Location : Zahir Mosque, Jalan Darul Aman, Alor Setar

Finish Location : Dewan Millenium, Kepala Batas

Neutralised Section : 9.0 kms

Stage Distance : 182.6 kms

Kms	Feature	Instruction	Description	Estimated Time of Arrival			
				Cavalcade @60mins	Headwind 110%	Expected 100%	Backwind 90%
	Start in Front of Zahir Mosque, Traffic Light Junction Straight On, Traffic Junction						
	Straight On x 2, Direction Jitra, Lebuhraya Darulaman, TrafficLight Junction						
	Straight on x 4, Nuetral Zone ends at Archway Selamat Jalan,				12:10	12:10	12:10
0.0	Archway	Race Start Proper	Selamat Jalan	11:28	12:28	12:28	12:28
3.4	T Junction	Turn Left	Dir. Jitra	11:32	12:33	12:32	12:32
12.0	Roundabout	2nd Exit		11:42	12:46	12:44	12:42
14.2	Fork	Keep Left		11:45	12:49	12:47	12:45
14.7	Splitters	Keep Right	on to Highway E1	11:46	12:50	12:48	12:46
29.2	Traffic Light Junction	Straight On		12:03	13:11	13:07	13:03
30.0	Green Sign	Drinks	Bkt. Kayu Hitam	12:04	13:13	13:08	13:04
30.1	Junction	Turn Left		12:04	13:13	13:09	13:04
32.8	Junction	Turn Left	Dir. Arau	12:08	13:17	13:12	13:08
39.0	Fork	Right		12:15	13:26	13:21	13:15
45.4	Fork	Right	Dir. Arau	12:23	13:36	13:29	13:23
48.9	Traffic Light Junction	Turn Right	Dir. Arau	12:28	13:41	13:34	13:28
54.0	Sign		Jejawi	12:34	13:49	13:41	13:34
56.7	Sign		Reposh	12:37	13:53	13:45	13:37
58.4	Roundabout	2nd Exit	Dir. Kuala Perlis	12:39	13:55	13:47	13:39
58.9	Red Sign	Sprint 1, Kangar	Kenderaan Bomba	12:40	13:56	13:48	13:40
68.0	Splitters	Both Sides		12:51	14:09	14:00	13:51
71.1	Sign		Pekan Spg. Empat	12:54	14:14	14:04	13:54
82.5	Milestone	Feed Zone Start	Alor Star 22 km	13:08	14:30	14:19	14:08
84.5	Milestone	Feed Zone Finish	Alor Star 20 km	13:11	14:33	14:22	14:11
95.0	Traffic Light Junction	Straight On		13:23	14:49	14:36	14:23
101.0	Traffic Light Junction	Turn Right	Dir. Sg. Petani	13:30	14:58	14:44	14:30
103.0	Traffic Light Junction	Straight On	Dir. Butterworth	13:33	15:01	14:47	14:33
104.9	Sign	Sprint 2, Mergong	80 kph	13:35	15:03	14:49	14:35
105.4	Traffic Light Junction	Straight On		13:36	15:04	14:50	14:36
107.4	Traffic Light Junction	Turn Right	Dir. Kota Sarang Semut	13:38	15:07	14:52	14:38
113.4	Sign		Spg. Empat	13:45	15:16	15:00	14:45
119.3	Sign		Kota Sarang Semut	13:52	15:24	15:08	14:52
121.5	Sign		Bukit Besar	13:55	15:28	15:11	14:55
126.9	Sign		Spg. Tiga Sg. Limau	14:01	15:36	15:18	15:01
127.9	Sign		Pdg. Lumat	14:03	15:37	15:20	15:03
133.7	Sign		Guar Cempedak	14:10	15:46	15:28	15:10
138.3	Sign		Gurun	14:15	15:52	15:34	15:15
139.0	Petronas Station	Sprint 3, Gurun		14:16	15:53	15:35	15:16
172.0	Sign		Tikam Batu	14:55	16:41	16:18	15:55
172.3	Splitter	Both sides		14:55	16:41	16:18	15:55
179.6	Traffic Light Junction	Straight On	Splitters Both sides	15:04	16:52	16:28	16:04
180.1	Junction	Turn Left	Dir. Bertam	15:04	16:52	16:28	16:04
181.5	Traffic Light Junction	Turn Left	Jalan Bertam	15:06	16:54	16:30	16:06
182.0	Traffic Light Junction	Turn Right	Jalan Bertam 1	15:06	16:55	16:31	16:06
182.2	Junction	Turn Left		15:07	16:55	16:31	16:07
182.6	Dewan Millenium	Finish	Dewan Millenium	15:07	16:56	16:31	16:07